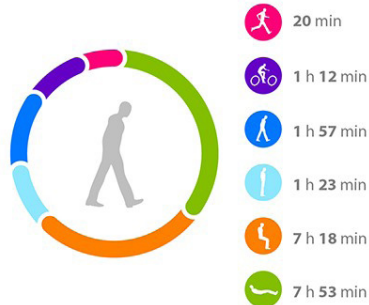
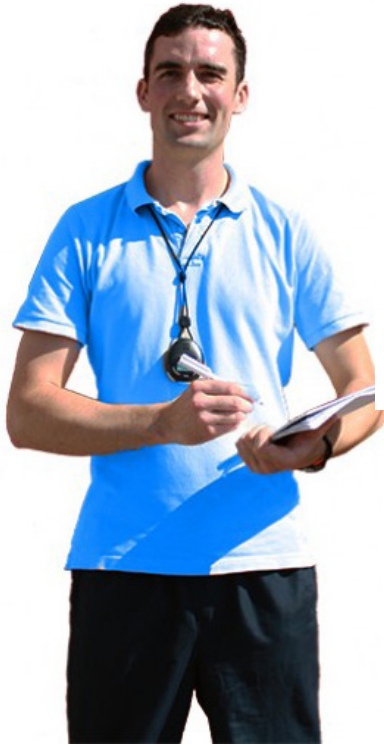


Activ8

your professional lifestyle coaching platform



Activity Recognition provides unique and practical insight into daily activity patterns



Spice up your activity programs

Are you coaching people to become more active? Would you like your activity program to be more fun, more engaging for your clients, more fact based while requiring less of your time?

Activ8 is the solution you have been looking for. Add state-of-the-art activity monitoring and remote coaching to your organization in minutes. You get real-life objective, fact based information about your client's activity and what they have been doing and using the online tools you can communicate and make activity appointments with your clients.

For clients it is also fun and engaging and often an eye opener to realize how active they really are. Activ8 provide the tools that enable you to coach and motivate your clients in new, faster and more effective ways.

Activ8 Coaching Platform



Enhancing Professional Lifestyle Coaching

- Dedicated coaching platform to help monitor and support coaching of your clients
- Objective and reliable information on clients' daily activity routine
- Activity recognition provides unique and practical insight into clients' daily activities and lifestyle
- Helps to enhance coaching programs fitting into the clients' personal lifestyle

Online Client Dashboard

- Designed for remote Professional Coaching
- Activity graphs split by activity type providing swift and clear insight into clients' daily activity patterns
- Communication and feedback from coach and peers
- Sign up for group challenges via social media

Intelligent Activity Tracker

- Intelligent activity level and activity type monitoring (sitting, standing, walking, cycling, driving)
- Accurate energy expenditure monitoring
- Small, lightweight device worn in the pocket
- Real-time daily target indicator with "emoticon" feedback
- Continuous monitoring up to 30 days
- Simple and easy connectivity - Just plug it into your PC and synchronize with your personal online client dashboard

Nutrition

- Log your nutrition to monitor your daily food intake
- Gain insight into your energy balance

Specifications

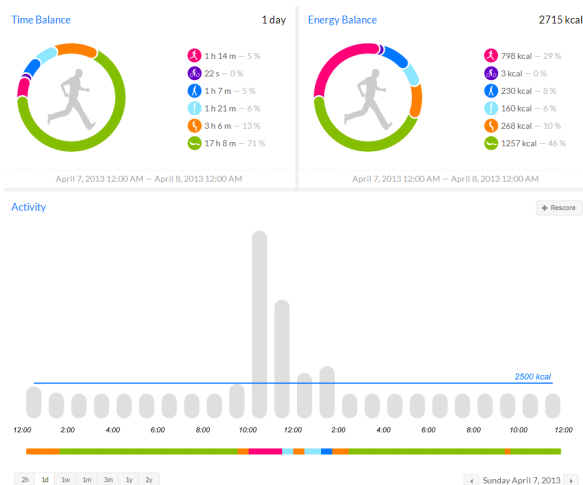
Coaching Platform

- Online Activ8 Coaching Platform
- Define customized company logo's and settings
- Create personal coach accounts and client groups
- Activity level and activity classification: not used / lying, sitting, standing, walking, cycling, running
- Client information : Age / Gender / Weight / Height / BMR
- Personal Plan with short and long term targets
- Daily / weekly Activity Score: target % / Kcal / distance / steps / MET
- Energy Expenditure / Activity Balance
- Movement norm / Fit norm
- Practical and insightful overviews and graphs to see activity trends and changes over time: month / week / day / hour view
- Practical client and group overviews, to efficiently track status and progress towards activity targets
- Communication: Calendar / Achievements / Messaging Easily communicate with clients and groups through Personal Client Dashboard
- User management : client login, (super) coach login



Personal Client Dashboard

- Online Personal Client Dashboard
- Provides access to the clients' own activity information
- Get feedback, tips and motivation from your coach in blogstyle
- Community view : challenge each other, ranking, share with Facebook, Twitter
- Supported languages : English, Dutch, others on request



Intelligent Activity Tracker

- User-friendly pocket-sized tracker
- Real-time activity progress and target indication
- Daily Kcal target indication: circular, placed on monitor
- Validated activity level and activity classification: yes (provisional)
- Battery low / charge indicator : yes
- Micro USB connector : connect to PC
- Battery : lithium polymer (rechargeable)
- Operating time (fully charged): > 3 weeks
- Charge time : < 2 hrs
- Device dimensions [L x W x T] : 30 x 32 x 10 mm
- Weight: 20 g
- Colour: White



In the box

- Intelligent Activity Tracker
- Micro USB connector / charger
- Leg strap (in case the device cannot be worn in the pocket)
- Quick-Start Guide

System requirements

- PC with USB port and internet connection
- Supported internet browsers:
 - Internet Explorer v7+, FireFox, Google Chrome
- Supported Operating systems:
 - Windows XP SP2, Vista (x32/x64), Windows 7, Windows 8

Low Investments. No Risks

Activ8 works with two financial models. Choose the model that fits your organization best and get started.

Buy Devices with monthly subscription for remote coaching platformCoach platform Subscription:

Device price : 99.95 EURO

Remote Coaching platform: 3 EURO per month

Leasing Intelligent Activity Tracker including remote coaching platform:

Lease price : 12,50 EURO per month

1 Activ8 activity tracker including remote coaching platform
Min. lease period: 6 months



For more information contact:

REMEDY

De Run 4350, 5503 LN, Veldhoven, The Netherlands

Phone: +3140298 2020 • Fax: +3140298 2164

e-mail: info@remedy-online.com

Specifications are subject to change without notice.

© 2013 All Rights reserved.

www.activ8all.com

